



आपदा मित्र संकल्पना एवं उपलब्धियाँ

(Key Concept and Achievements)

Up-Scaling of Aapda Mitra Scheme



NATIONAL DISASTER MANAGEMENT AUTHORITY (NDMA)

Government of India

**NDMA Bhawan, A-1, Safdarjung Enclave,
New Delhi-110 029**

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Aapda Sakhi of Ladakh during flood response training session in 2022

Under the Guidance of:

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New Delhi– 110029
September 2023



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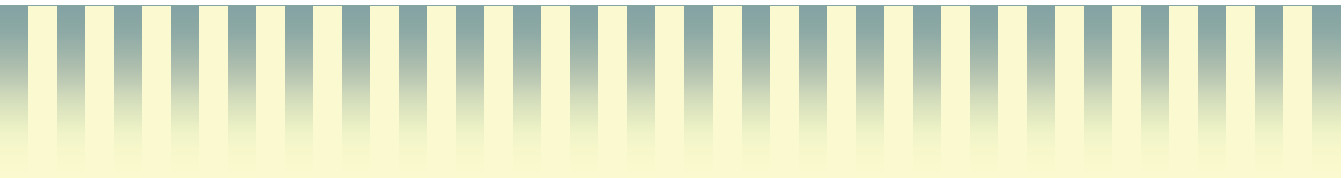
Over the last two decades, most community based efforts have been confined to disaster preparedness and contingency planning for the short term.

We need to expand the scope of community based efforts and support communities to identify local risk reduction measures and implement them.

Such efforts reduce risk and create opportunities for local development and sustainable livelihoods. Localization of disaster risk reduction will also ensure that we make the most of traditional best practices and indigenous knowledge.

”

- **Shri Narendra Modi**, Prime Minister
AMCDRR, 2016





सदस्य एवं विभागाध्यक्ष,
राष्ट्रीय आपदा प्रबंधन प्राधिकरण,
भारत सरकार

संदेश

मुझे यह जानकर प्रसन्नता हो रही है कि हमारे राष्ट्रीय आपदा प्रबंधन प्राधिकरण (एनडीएमए) द्वारा देशभर में क्रियान्वित आपदा मित्र परियोजना के संबंध में एक पुस्तिका तैयार की गई है। इस पुस्तिका में समुदाय आधारित आपदा प्रबंधन की अवधारणा, आपदा मित्र योजना के विस्तार और देशभर में आपदा मित्र स्वयंसेवकों के योगदान और उनकी उपलब्धियों को दर्शाया गया है।

किसी भी आपदा के दौरान राहत पहुंचाने में सामुदायिक सक्रियता और जन भागीदारी हमेशा देश की ताकत रही है। बचाव दल के पहुंचने से पहले, सुरक्षा एवं आपदा मोचन प्रक्रिया में जुट जाने वाले आपदा मित्रों तथा स्वयंसेवकों की भूमिका प्रथम मोचक के रूप में महत्वपूर्ण होती जा रही है।

हाल ही में, देश भर में विभिन्न प्रकार की आपदाओं के दौरान इन आपदा मित्रों ने तत्काल सेवाएं प्रदान करके कई बहुमूल्य जान-माल की रक्षा करके इस परियोजना के उद्देश्यों को सफल बनाया है। इस पुस्तिका में आपदा मित्रों द्वारा किए जा रहे उत्कृष्ट कार्यों एवं परियोजना के कार्यान्वयन से संबंधित विवरण को स्पष्ट रूप से दर्शाया गया है। यह कार्य सभी आपदा मित्रों की राष्ट्र के प्रति समर्पित भावनाओं का परिचायक है।

मुझे विश्वास है कि यह पुस्तिका भविष्य में स्वयंसेवकों को देश के हित में आपदा मित्र के रूप में शामिल होने के लिए प्रोत्साहित करेगी।

मैं इस पुस्तिका के विमोचन के शुभ अवसर पर सभी को शुभकामनाएँ देता हूँ।

(कमल किशोर)

दिनांक: 25.09.2023



सदस्य,
राष्ट्रीय आपदा प्रबंधन प्राधिकरण,
भारत सरकार

संदेश

राष्ट्रीय आपदा प्रबंधन प्राधिकरण (NDMA) द्वारा तैयार 'आपदा मित्र संकल्पना एवं उपलब्धियाँ' शीर्षक पुस्तिका को प्रस्तुत करते हुए हर्ष की अनुभूति हो रही है। आपदा प्रबंधन का मुख्य उद्देश्य किसी भी आपदा से प्रत्यक्ष अथवा अप्रत्यक्ष रूप से प्रभावित क्षेत्र में मानवीय सहायता पहुंचाना है। कई बार, बचाव दल के आने तक समुदाय को स्वयं आपदा मोचन कार्य करना पड़ता है। महत्वपूर्ण बात यह है कि सामुदायिक स्तर पर क्षमताओं को मजबूत किया जाए उनका निर्माण किया जाए और समय पर किसी भी आपदा का मोचन करने में सक्षम बनाया जाए। इस बात का ध्यान रखते हुए NDMA ने आपदा मित्र परियोजना का सृजन किया है। इस परियोजना के तहत, सामुदायिक स्वयंसेवकों को प्रशिक्षित किया गया है।

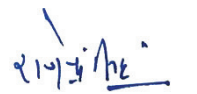
यह पुस्तिका सामुदायिक आपदा प्रबंधन के क्षेत्र में आपदा मित्र स्वयंसेवकों को आधुनिक तकनीक के बारे में व्यवस्थित प्रशिक्षण देने में सहयोगी एवं सार्थक साबित होगी। यह पुस्तिका आपदा से होने वाले नुकसान को कम करने के प्रयास को और सशक्त करेगी एवं देश के हर नागरिक में परस्पर सहयोग की भावना जागृत करेगी।

माननीय प्रधान मंत्री श्री नरेंद्र मोदी जी के नेतृत्व में भारत आपदा प्रबंधन के क्षेत्र में सशक्त तो हुआ है ही, साथ ही, विश्व में भी आपदा प्रबंधन के क्षेत्र में एक महत्वपूर्ण स्थान रखता है। यह आपदा मित्र प्रशिक्षण पुस्तिका हमारे सहयोगी देशों में भी ऐसे कार्यक्रमों को बनाने के लिए प्रेरित करेगी और वैश्विक स्तर पर सामुदायिक आधारित आपदा प्रबंधन को मजबूत करने में सहयोगी होगी।

मुझे आशा है कि हमारे भविष्य में तैयार होने वाले आपदा मित्रों को उचित प्रशिक्षण एवं मार्गदर्शन करने के संबंध में यह पुस्तिका प्रेरणा देती रहेगी।

हार्दिक शुभकामनाओं सहित।

दिनांक: 25.09.2023


(राजेन्द्र सिंह)



FOREWORD

Joint Secretary,
(Policy & Plan), NDMA

This booklet " आपदा मित्र संकल्पना एवं उपलब्धियाँ: Key Concept and Achievements" is a tribute to the extraordinary achievements of Aapda Mitra volunteers in disaster response and preparedness. In the face of unfortunate circumstances, there are others who go above and beyond their normal duties, to selflessly devote their time and efforts to bring relief and hope to those affected by disasters. This booklet outlines the concept of Community Based Disaster Management, scheme components of Up-scaling of Aapda Mitra Scheme and contributions and achievements of Aapda Mitra volunteers across the country.

Government of India has been emphasizing on creating a culture of volunteerism in Disaster Risk Reduction (DRR). During the Asian Ministerial Conference on Disaster Risk Reduction (AMCDRR), 2016, Hon'ble Prime Minister proposed a 10-Point Agenda for DRR that concisely encompasses issues, tools and approaches to address the critical challenges in achieving sustainable development objectives, focusing on local 'disaster management system', academic capacity strengthening and harnessing technological advances.

To achieve the above stated goals, Up-scaling of Aapda Mitra Scheme was developed by National Disaster Management Authority involving community based disaster management approach. This scheme is being implemented in all States/UTs with a view to train and create a pool of 1,00,000 volunteers in 350 highly vulnerable districts prone to flood, cyclone, landslide and earthquake across the country to provide life saving skills of disaster response, coordination and assistance. Aapda Mitra volunteers are being trained and equipped with basic equipments and skills across the country. Aapda Mitra volunteers have rendered great work in disaster response activities during recent floods and cyclone.

This booklet, I believe, is a testament to Aapda Mitra's outstanding achievements, unwavering dedication and devotion in disaster response and preparedness. May these success stories, best practices and experiences of Aapda Mitra encourage others to join the cause and promote culture of volunteerism in disaster response, so that we can all work together to develop a more disaster resilient society.

Date: 25.09.2023


(Kunal Satyarthi, IFS)



PROLOGUE

Joint Advisor (CBT), NDMA

This booklet, " आपदा मित्र संकल्पना एवं उपलब्धियाँ: Key Concept and Achievements" honors Aapda Mitra volunteers' dedication, selflessness, unwavering courage in disaster response, preparedness and saving lives during recent floods in Uttar Pradesh, Assam, Himachal Pradesh, Haryana, and Delhi, as well as during Cyclone Biparjoy, the Balasore train accident, and in any other disaster or emergency situation. Aapda Mitras are torch bearer of community based disaster risk reduction and delivering community service i.e 'Jan Seva' at the grassroot level.

It is crucial to enhance community capability at the local level because disasters are changing in character and have become more frequent and intense. India, a country highlighted for its cultural and geographic diversity, is also a region that experiences disasters ranging from earthquakes, floods, landslides to cyclones and pandemics. In the midst of disaster wreckage and mayhem, Aapda Mitra volunteers shine as beacons of light, volunteering their time, skills, and unwavering assistance to those in need. That's why, we say Aapda Mitra, Aapka Mitra.

We are going to explore the success stories and achievements of these Aapda Mitra volunteers on these pages. It will also provide information on the vital components of Up-scaling of Aapda Mitra Scheme.

This booklet is a tribute to the enduring devotion of Aapda Mitra volunteers in disaster response & preparedness and their indomitable spirit of volunteerism.

(Lt Col Surya Prakash Pandey)

Date: 25.09.2023

Introduction

In the event of a disaster, it's often the local volunteers from the affected community who step in as the initial responders. The role of community volunteers in disaster response can have a significant impact because the effectiveness of the initial response is of paramount importance in minimizing both economic and human losses. Therefore, there is a crucial necessity to provide essential training to these community volunteers in disaster management, enabling them to react promptly and collaborate effectively with relevant authorities in rescue and relief efforts.

In order to achieve this goal, the National Disaster Management Authority (NDMA) launched a pilot program called Aapda Mitra Scheme, in year 2016 in 30 districts in 25 States/UTs that are most vulnerable to floods. The goal was to train 6,000 community volunteers in disaster response, with a focus on flood-related skills, enrolling around 200 volunteers in each district. The project successfully trained over 5,500 volunteers, and ever since then these trained volunteers have actively participated in response to various calamities as part of efforts by the civil administration.

"Building on the success of the pilot program and in response to positive feedback and requests from all States/Union Territories, the National Disaster Management Authority (NDMA), in collaboration with States/UTs, is implementing the Up-scaling of Aapda Mitra Scheme." This initiative has a total budget of Rs. 369.41 crores and seeks to train 1,00,000 volunteers in 350 districts across India which are prone to landslides, cyclones, earthquakes, and floods. The purpose of this scheme is to provide community volunteers with the skills and basic equipment that they need to serve as first responders in the aftermath of a disaster.



Volunteers of Nagaland during flood response training session in 2022

Community-Based Disaster Management

Community-Based Disaster Management (CBDM) is a paradigm shift in disaster preparedness and response, emphasizing the pivotal role of local communities in safeguarding themselves against natural or man-made calamities. At its core, CBDM acknowledges that communities are not passive recipients of aid but active agents in disaster risk reduction. It involves a collaborative approach that empowers communities to identify, understand, and mitigate their unique vulnerabilities, making them more resilient in the face of adversity.

Community engagement, capacity building, risk reduction measures, early warning systems, and inclusion are all important components of CBDM. The core value is community engagement, which encourages active participation and cooperation among community people, local governments, and key stakeholders. Individuals are equipped with important skills through capacity building, allowing them to respond quickly and effectively during disasters. Risk reduction techniques include the execution of practical strategies such



as infrastructure improvement, land-use planning, and the creation of secure evacuation routes. Early warning systems and effective communication channels are put in place to ensure that crucial information gets to the appropriate people at the right time. Furthermore, CBDM emphasizes participation, addressing the specific needs of vulnerable people to ensure that disaster resilience is a holistic endeavor.

CBDM has many positive effects. As communities develop the expertise and resources to meet immediate demands when disaster strikes, rapid responses become the norm. Local resources and skills are fully used, reducing the need for outside assistance. This not only expedites recovery but also safeguards affected communities' self-reliance and dignity. Additionally, CBDM promotes a culture of preparedness and partnership that goes beyond catastrophe events, strengthening local unity and long-term resilience.

CBDM is a ray of hope in a world increasingly threatened by the increasing impact of climate change and a rising array of natural and man-made disasters. It symbolizes the concept that, when given the right tools and knowledge, community can not only resist but even achieve in the aftermath of disasters. By embracing CBDM, communities may create a more resilient, safe, and sustainable future for all life & property.

“Aapda Mitra” - An Innovative and Transformative Initiative

In the heart of India's diverse and dynamic landscape, a unique force is rising – "Aapda Mitra." This initiative, driven by a passionate cadre of volunteers hailing from every corner of the nation, is reshaping basics of disaster management in India. It is much more than just a volunteer program; it represents a profound shift in the way we perceive and respond to disasters.

The name change from Aapda Mitra Pilot Scheme to "Up-scaling of Aapda Mitra Scheme" isn't just about a new title; it's about a big shift in thinking. It shows that our country is committed to helping our citizens become more self-reliant when in term of their safety and well-being in emergent adverse situation.

Aapda Mitras are not ordinary volunteers. They are individuals who have undergone rigorous training for 12 days in disaster response from best of the professionals in the field of Disaster Management like NDRF, SDRF, Fire Departments, etc. Equipped with this knowledge and skill set, and a strong dedication to the cause the volunteers have been offering their services unflinchingly and selflessly.

The significance of this transition cannot be overstated. With the "Up-scaling of Aapda Mitra Scheme," India is taking a giant leap in disaster management. It demonstrates a resounding commitment to harnessing the innate capabilities of its citizens. It's a pledge to equip individuals and communities with the tools, knowledge, and confidence to stand resilient in the face of any adversity.

As we set out on this journey, it's clear that India is getting ready to become a leader in making communities better prepared for disasters. Aapda Mitra's story isn't just about India; it's about people's resilience everywhere and how communities can do amazing things when they come together for a common goal.

This report goes deep into the heart of this remarkable journey, tracing the path of Aapda Mitra from its beginning to current role as a lead in disaster management, not just in India but also around the world."



Volunteers of Himachal Pradesh during training programme in Lahaul Spiti in 2022

Objective

- ❑ To train able-bodied community volunteers in multi disaster response at the taluka/block level in each of the project districts.
- ❑ In addition to training the volunteers in life-saving skills, the scheme would also train them in disaster response, coordination and relief assistance.
- ❑ To create a community emergency stockpile/reserve at the district/ block level, containing essential light search and rescue equipments, medical first-aid kits, etc.

Aapda Mitra – Pilot Version

NDMA launched a centrally sponsored scheme on 30th May, 2016 which was focused on training of 6000 volunteers in disaster response in 30 most flood prone districts of 25 State/UTs (Aapda Mitra). The scheme was completed on 31st March, 2021.

Start date: 30th May, 2016

Completion date: 31st March, 2021

Volunteers: 6000 in 30 districts

Completed: 5513 community volunteers have been trained by 24 Project States/UTs

State/UTs: 24

Project Cost: 15.47 Cr.

ERK: Rs 5000/- to each volunteer

Emergency stockpile: Rs 5 Lacs to each district



Aapda Mitra Volunteers during a flood search & rescue training in Uttar Pradesh in 2018



Women volunteers of Kolhapur district of Maharashtra during flood response in 2019

Up-scaling of Aapda Mitra scheme:

NDMA in partnership with States/UTs is implementing "Up-scaling of Aapda Mitra Scheme" at a total cost of Rs. 369.41 crores to train 1,00,000 volunteers in 350 districts of India which highly prone to landslide, cyclone, earthquake and flood by 31st March, 2024.

The components of the scheme are as follows:

- ❑ Translation and Printing of Training Modules, I-card & Certificate for volunteers
- ❑ Purchase of Emergency Responder Kit (ERK), including Group Insurance for trained volunteers. The insurance will cover death, permanent total disability, permanent partial disability, temporary total disability, and hospital expenses
- ❑ Purchase of Emergency Essential Resource Reserve (EERR) for each District
- ❑ Grant for repair & maintenance of equipments under EERR
- ❑ Management Information System (MIS) for overall monitoring of the Scheme: Information regarding no. of volunteers trained, trainer details, training institutions profile, procured items under ERK and EERR, financial data and insurance is being updated on Aapda Mitra MIS portal regularly. Mobile application has been also developed for live-tracking of trained volunteers.



Volunteers of Himachal Pradesh during training programme in Kullu in 2022



Volunteers of Nagaland during training session in 2022

Aapda Mitra at Glance

A total of 92,120 volunteers have been trained so far, out of the 1,00,000 volunteers planned across 350 districts which are most susceptible to natural disasters such as landslides, cyclones, earthquakes, and floods.

Training: Comprehensive training in disaster response, equipping volunteers with essential knowledge and skills. So far, training has been completed in 25 States/UTs i.e. (Andhra Pradesh, Arunachal Pradesh, Assam, Chandigarh, Chhattisgarh, Dadra and Nagar Haveli & Daman and Diu, Delhi, Haryana, Himachal Pradesh, Jammu & Kashmir, Karnataka, Kerala, Ladakh, Madhya Pradesh, Maharashtra, Meghalaya, Mizoram, Nagaland, Odisha, Rajasthan, Sikkim, Tamil Nadu, Tripura, Uttarakhand and West- Bengal).

Aapda Mitra volunteers have been involved in over 25 disaster response operations so far. In these challenging instances, a courageous over 1,802 volunteers stepped up to aid their fellow citizens in distress. Their collaborative endeavors resulted in the successful rescue of 11,808 individuals, a feat that stands as a testament to their extraordinary dedication. Most notably, their actions played a pivotal role in saving 95 lives, highlighting the profound impact of our volunteers and their unwavering commitment to safeguarding lives during times of catastrophe.

"Volunteer Training: Building Preparedness and Skills"

The emergency response training for our volunteers has been a pivotal endeavor in preparing them for rapid and effective action during crises. Throughout the training, participants have exhibited a commendable commitment to mastering essential response techniques and protocols. This comprehensive program has not only bolstered their skills but also cultivated a strong sense of unity and purpose among our volunteers.

Glimpses of Training



Aapda Mitra Volunteer Training in Silchar, Assam, April, 2022



Aapda Mitra being trained in Collapsed Structure Search & Rescue (CSSR) in Arunachal Pradesh



Aapda Mitra Volunteer Training in Bapatla district of Andhra Pradesh on September, 2022



Volunteers during Flood rescue training at Sukhna Lake, Chandigarh



Volunteers during Fire Fighting training, Rajnandgaon, Chhattisgarh



Aapda Mitra Training session at NCT of Delhi in May 2023



Hon'ble Chief Minister of Goa, along with the NDMA team, Fire & ES, Revenue Department and Aapda Mitra during Award Function at Panaji in May 2022



Aapda Mitra/Sakhi of North Goa and South Goa district getting trained in flood search & rescue techniques in Bambolim Beach, Goa in May 2022



Volunteers during flood rescue training at Mahisagar River, Vadodara, Gujarat



Practical Demonstration by Aapda Mitra Volunteers, Nuh, Haryana



Practical session on rope rescue & fast rescue boat handling techniques, Jammu & Kashmir, 2022





Aapda Mitra volunteers engage in practical demonstrations encompassing Firefighting, Rope Rescue, First Aid, and CPR training, Himachal Pradesh



Aapda Mitra training on Fire safety at Kavaratti Island, Lakshadweep in April, 2023



Volunteers during training in Sikkim



Aapda Mitra/Sakhi getting trained on flood rescue techniques in Puducherry district



Aapda Mitra Volunteer Training programme in west imphal, Manipur



Boat Handling Training, Kolkata



Wall Climbing at Bankura, West Bengal



Cardiopulmonary resuscitation (CPR) technique by NDRF



Hon'ble Chief Minister of Puducherry Thiru N. Rangasamy inaugurated Aapda Mitra function on 10.10.2022

Emergency Responder Kit and Insurance for the volunteers



Display of Emergency Responder Kit (ERK)

Emergency Responder Kit has been provided to each Aapda Mitra volunteer to facilitate effective response while ensuring the safety of volunteers during disaster and crisis situations. This kit includes essential professional equipments and supplies that would be required for an effective response effort. The cost of the ERK is Rs. 10,000/- including life insurance cover. Each and every trained volunteer under this scheme would have also a life insurance cover of Rs. 5 lacs and medical coverage of up to Rs. 50,000 for a period of 3 years. It will also cover permanent total disability, permanent partial disability and temporary total disability.

List of Equipments in Emergency Responder Kit (ERK)

Sl. No.	ITEMS
1.	Personal Floatation Device (Life Jacket made of polyurethane foam)
2.	Torch or emergency light (Solar enabled)
3.	Safety gloves (Canvas/leather)
4.	Pocket Knife
5.	First Aid Kit
6.	Gas Lighter
7.	Whistle
8.	Water Bottle
9.	RUCKSACK and Mosquito Net
10.	Uniform Dress with NDMA and SDMA/ DDMA logo
11.	Water Resistant Clothing/Rain Coat
12.	GUM Boots
13.	Safety Goggles
14.	Safety Helmet (Water rafting)
15.	Coverage of death / permanent disablement / hospitalization for all trained volunteers by the Agency decided by NDMA

Emergency Essential Resource Reserve for Districts

Emergency Essential Resource Reserve (EERR) (one per district) has been provided to ensure proactive and preparedness for various disasters and emergencies of the community at the district level. This reserve consists of a wide range of essential supplies and resources that will sustain and support the community during times of crisis. The cost of 1 unit EERR is Rs. 20 lakhs.



Display of Emergency Essential Resource Reserve items during 18th Formation Day of NDMA at Vigyan Bhawan, New Delhi

List of Equipments in Emergency Essential Resource Reserve (EERR)

Sl. No.	ITEMS
1.	Personal Floatation Device (Life Jacket made of polyurethane foam)
2.	Torch or emergency light (Solar enabled)
3.	Safety gloves (Canvas/leather)
4.	30 mtrs 10/11 mm BOB Nylon rope
5.	Lifebuoy
6.	Oars & Rowlocks
7.	Paddles

8.	Anchors
9.	Galvanized metal bucket or bailer
10.	Outboard Motor Minimum 30 HP
11.	DCP Fire Extinguisher
12.	Emergency Spot light with minimum 12 hours run time
13.	Tool kit (Colt cutter, wire cutter, Pliers, Screw driver set)
14.	Axe/hatchet 3kg
15.	Fibreglass Backboard Stretcher
16.	Radio Walkie sets 5 watt
17.	Blankets
18.	Park pickets
19.	First Aid Kit
20.	Twin Progned Graphel/ Cat Hooks
21.	Throw Bag
22.	GUM Boots
23.	Safety Goggles
24.	Safety Helmet (Water rafting)
25.	GPS sets
26.	Navigation lights
27.	Maps, Charts and compass
28.	Chain Saw machine
29.	Camping tent (water resistant) + Mosquito Net
30.	Inflatable Rescue Boat with 40 HP OBM

Outcome of Up-scaling of Aapda Mitra Scheme

During and After Disasters	Preparedness Activities	Miscellaneous Activities
<ul style="list-style-type: none"> • Help District Administration • Provided aid, built shelters, and distributed supplies for disaster relief • Assisted vulnerable populations during various disasters • Helped in road clearing and debris removal • Coordinated disaster response efforts • Assisted in overseeing crowded religious events to ensure safety. • Actively supported in COVID-19. • Provided psychosocial support to those affected by disasters 	<ul style="list-style-type: none"> • Conducted drills to enhance practical disaster preparedness. • Door-to-door campaigns • Raised awareness about lightning safety, Heat waves, cold waves and other various disasters. • Awareness rallies and showcased tableau on disaster response & preparedness • Ham Radio and Drone training • Conducted Training program on School Safety 	<ul style="list-style-type: none"> • Blood donations • Yoga sessions • Tree plantation • Sports • Cleanliness drives • Beach cleaning campaign

Achievements

"Real-Life Stories of Disaster Response and Resilience"

Odisha

The trained Apada Mitra Volunteers in Odisha have done commendable job and rendered their services in response, rescue, relief and other social services.

Lord-Jagannath Rathayatra-Puri

Every year in the month of Asadha (June-July), the renowned Rathayatra (Car Festival) of Lord Jagannath, Balabhadra, and Devi Subhadra takes place in Puri, Odisha, attracting 20-25 lakh people from around the world. Apada Mitra Volunteers from Puri and nearby districts like Khorda and Cuttack played a vital role during the festival, managing crowds, aiding in traffic control, transporting injured pilgrims to district hospital, Puri and delivering essential first-aid services.



Volunteers providing First aid during
Rathayatra-Puri on 20th June 2023

Balasore Train Accident

On June 2, 2023, a tragic train collision occurred at Bahanaga Bazar Station in Odisha's Balasore district, claiming 292 lives and injuring thousands. Balasore District's Aapada Mitra Volunteers promptly aided the National Disaster Response Force (NDRF), Odisha Disaster Rapid Action Force (ODRAF), and Odisha Fire Services in rescue and transportation efforts. They cleared debris, provided assistance at temporary mortuaries and hospitals, and supported specialized response teams in search and rescue, as well as first-aid care.



Volunteers during search & rescue operation at Balasore Train Accident, June, 2023

Gujarat and Dadra & Nagar Haveli and Daman & Diu Biparjoy Cyclone

During the period from 10th to 15th June, 2023, Aapda Mitra volunteers from seven districts namely Kutch, Jamnagar, Porbandar, Junagadh, Amreli, Bhavnagar and Morbi helped the district administration to disseminate early warnings and information about Do's & Don'ts of cyclone to the fishermen community and people living in low-lying and coastal areas. They also raised awareness about the potential impacts, safety measures, and evacuation procedures and distributed IEC materials amongst the community.



News paper cutting of utilization of Aapda Mitra during Biparjoy cyclone

Aapda Mitras volunteers of Gujarat and D&NH and D&D played a crucial role as community stakeholders during the Biparjoy cyclone. Volunteers worked closely with local authorities and disaster management agencies to provide assistance and support to communities affected by the cyclone. They also helped in the evacuation of people from affected areas to safe shelter homes.



Aapda mitra spreading awareness during Biparjoy cyclone creating awareness

West Bengal

Flood situation, Kalimpong District

On 11th July, 2023, the Teesta river level began to rise suddenly in the evening. Aapda Mitra volunteers assisted in warning residents of Teesta Bazar and assisting the Gram Panchayat in evacuating the villagers to the Teesta Community Hall.



Aapda mitra of Kalimpong district alerting local residents

The Aapda Mitra community volunteers also stepped out to provide aid and support to communities in West Bengal affected by floods. Whether it was distributing supplies, offering shelter, or provided emotional support, these volunteers played a vital role.

One remarkable story features a group of Aapda Mitra Volunteers conducted door to door awareness programme for the community during heat wave period on May 2023.



Door to Door awareness campaign on Heatwave by Aapda Mitra of Malda district of West Bengal



Aapda Mitras' vigilance at Chhat Puja Ghat (28.10.22) At Chel River, Gorubathan 12.06.23 (Kalimpong District)



AapdaMitras helping to recover a drowned Truck and its driver near Likhuveer, Teesta on 16.07.23- Kalimpong

Tripura

Storm and Heavy Rain

During the pre-monsoon season of 2023, Aapda Mitra volunteers assisted the district administration in clearing a blocked road caused by a thunder storm and heavy rain fall in Gomati district, Tripura.



Aapda mitra volunteers assisting district administration in clearing blocked road during pre-monsoon season

Uttar Pradesh

In Uttar Pradesh, Aapda mitra volunteers of Shravasti district were engaged in flood response activities, saved lives of villagers and rescued live-stocks along with SDRF team in October, 2022 flood.



Aapda Mitra Volunteers during rescue operation in Shravasti district, U.P.

Assam

During June 2023 Floods, Aapda Mitra Volunteers carried out flood response and rescue activities.



Aapda Mitra volunteers helped in evacuating affected residents of Baska District, Assam

Andhra Pradesh

On 18th June, 2023, Mr. P V Vara Prasad, Aapda Mitra volunteer of East Godavari district saved Mr. Y Raju' from drowning in a pond at Nelataru. He saved the drowning victim and performed CPR, and then carried him to the Kovur Government hospital for medical care.



Tamil Nadu

On March 13, 2023, The Aapda Mitra Volunteers assisted the Fire Department in responding to a Forest Fire incident in Pudukkottai district, Tamil Nadu



Volunteers fighting forest fire in Pudukkottai district, Tamil Nadu

Media Coverage

लोकमत

सात तालुक्यांमध्ये आपत्तीत मदतीसाठी वापरणार

तीनशे युवक-युवतींनी घेतले गडचिरोलीत आपत्ती व्यवस्थापनाचे धडे

गडचिरोलीत तीनशे युवक-युवतींनी आपत्ती व्यवस्थापनाचे धडे घेतले. या प्रसंगी आपत्ती व्यवस्थापन विभागाने आपत्ती व्यवस्थापन विभागाच्या माध्यमातून...



युवक-युवतींनी घेतले गडचिरोलीत आपत्ती व्यवस्थापनाचे धडे

या आपत्तीचा करू शकणार सामना... या प्रसंगी आपत्ती व्यवस्थापन विभागाने आपत्ती व्यवस्थापन विभागाच्या माध्यमातून...



५९ मुली आणि २४९ मुलांचा समावेश



प्रारंभिक प्रशिक्षण देताना

04 Sunday Hindustan Times NEWS

These citizens will be eyes and ears of the city when a disaster strikes

Under Apada Mitra/Sakhi programme, 1,000 citizens are being trained in disaster management... The programme is not just for disaster management but for disaster prevention and mitigation...



A training session is being conducted by the NDRF team under the Apada Mitra/Sakhi programme.

अपदा मित्राच्या अंतर्गत १००० नागरिकांना आपत्ती व्यवस्थापनाचे धडे देण्यात येत आहेत.

LOKMAT TIMES

wednesday, 3.05.2023

500 'Apada Mitra' ready to rescue residents

The youth were trained in first aid, basic life support, flood rescue work, and boating during monsoon

LOKMAT NEWS NETWORK NASHIK, MAY 2

The district disaster management cell has formed a team of 500 'Apada Mitras', ahead of monsoon, to help residents in case rains wreak havoc. The district has been experiencing unseasonal rains for the past one month.

the state disaster management authority for the necessary equipment. From December to the end of March, about 500 young men and women of the district were given 12 days of free residential training in disaster management as Apada Mitras by the district disaster management authority. These training classes were held at the Police Academy.

Preparedness reviewed

- The review and planning for pre-monsoon works and emergency preparedness is underway by the district disaster management authority. In February, mock drills of flood rescue were conducted with the help of the National Disaster Response Force (NDRF). The Igatpuri, Trimbakeshwar, Peth, and Surgana talukas are the areas that receive heavy rainfall. The rivers and streams in these areas also get flooded. There are several waterfalls in these talukas which are visited by tourists. They will receive more attention.

Pre-monsoon preparations and planning are going on by the district disaster management authority. Soon, a joint meeting will be held by the district administration. A demand for the necessary additional materials has also been recorded. Five hundred Apada Mitras have been trained in the district. Also, emphasis is being laid on public awareness about two important applications, 'Mausam' and 'Damini'.

- Shrikrishna Deshpande, District Disaster Management Officer, Nashik

of pre-monsoon preparations and works, informed officials. Last year, all the dams began overflowing after the district received abundant rainfall. Apart from Peth, Surgana, Trimbakeshwar, and Igatpuri talukas, the other talukas also received heavy rainfall. The district disaster man-

agement cell showed alertness and rushed to the spot for emergency relief when 21 tourists who had been for a walk in Dugarwad near Trimbakeshwar were stranded in the first week of August. By midnight, the administration was able to carry out a rescue operation to evacuate the tourists safely.

Nashik First Page No. 1 May 03, 2023 Powered by: erelego.com

लोकमत

सत तालुक्यांमध्ये आपत्तीत मदतीसाठी वावणार

तीनशे युवक-युवतींनी घेतले गडचिरोलीत आपत्ती व्यवस्थापनाचे धडे

श्रीरामपूर येथील प्रकरणात तीनशे युवक-युवतींनी घेतले गडचिरोलीत आपत्ती व्यवस्थापनाचे धडे देण्यात आले. या प्रसंगी कार्यक्रमात युवकांच्या मदतीसाठी आपत्ती व्यवस्थापनाचे धडे देण्यात आले. या प्रसंगी कार्यक्रमात युवकांच्या मदतीसाठी आपत्ती व्यवस्थापनाचे धडे देण्यात आले.



या आभार्या करु शकणार सामना
तीनशे युवक-युवतींनी घेतले गडचिरोलीत आपत्ती व्यवस्थापनाचे धडे देण्यात आले. या प्रसंगी कार्यक्रमात युवकांच्या मदतीसाठी आपत्ती व्यवस्थापनाचे धडे देण्यात आले.

शब्दांना सत्याची धार प्रहार

जिल्हातून ३०० आपदाप्रति कर्णार तयार

महाड येथे आपदाप्रति कर्णार कार्यक्रमास सुरुवात
The text describes the start of a disaster preparedness program in Mahad, involving training and the formation of disaster response teams.

The youth were trained in first aid, basic life support, flood rescue work, and boating during monsoon

Pre-monsoon preparations and planning are going on by the district disaster management authority. The review and planning for pre-monsoon works and emergency preparedness is underway by the district disaster management authority.

Home guards were also given the training. Emergency kits were provided by the administration of the Apada Mitra cells at the city taluka, and village levels of the district.

NEWS PAPER

SHILLONG, TIMES, SHILLONG, MONDAY, OCTOBER 31, 2022

Disaster heroes: EKH honours three deep divers, village team

SHILLONG, Oct 30: Three brave deep divers from Khushabhoi (Laitkum) Block, Botometer Mawphlang and Taram Khushabhoi and Mawphlang Khushabhoi of Mawphlang Management Committee (MCMC) of Khasi Hills District (KHD) were honoured for saving men from drowning in a shallow stream.

Disaster heroes: EKH
The text highlights the bravery of three deep divers and a village team who saved lives during a flood incident.

Cyclone Yaas: Civil defence boat takes pregnant woman to hospital in the Sunderbans

Doctors said the life of Mujiga Sarker, 35, and the unborn child could have been at risk had she not been administered medicine in good time.

A 25-year-old pregnant woman who was hit by a cyclone was brought to a hospital by a civil defence boat after a journey of one-and-a-half hours on a speedboat.

BENGAL
Morning India
Precipitation measures taken to combat continuous rainfall due to low pressure

All arrangements made, hopefully catastrophe will not happen: P Uganathan
The text discusses the preparedness for a potential disaster in Punganur.

राजा बिषय मोकबिला दपुनरे उदोग
दुर्योग मोकबिलाय युवकदर विशेष प्रशिक्षण
The text describes a training program for young people in disaster management, organized by the Raja Bishay Mokabilay.

Beyond Disaster Management

Mapping of Impact Area

Field Data Collection of landslides-affected areas

District Disaster Management Authority (East Khasi Hill) took the aid of Aapda Mitra volunteers, for collecting field data along with officials from various offices from the 31st of August to the 13th of September, 2022.



Aapda Mitra during field data collection of landslides-affected areas in Meghalaya

Skills-Improved Life Jacket

Mr. Pynshailang Sun of Kynshi Bangla Village made an improvised life jacket by using thin fabric cloth, buttons and used thermocol fish box. The improvised life jacket was tested during the interaction programme of the Aapda Mitra volunteers held on 30th August 2022.



Improved life jacket demonstration by Mr. Pynshailang Sun, Aapda Mitra Volunteer of Meghalaya

Restoration of power supply

Aapda Mitra Volunteers assisted Meghalaya Energy Corporation Limited (MeECL) in restoration of power supply during Sitrang Cyclone – 25th-26th October, 2022



Aapda Mitra helping Meghalaya Energy Corporation Limited (MeECL) in restoration of power supply post Sitrang Cyclone

Award Functions

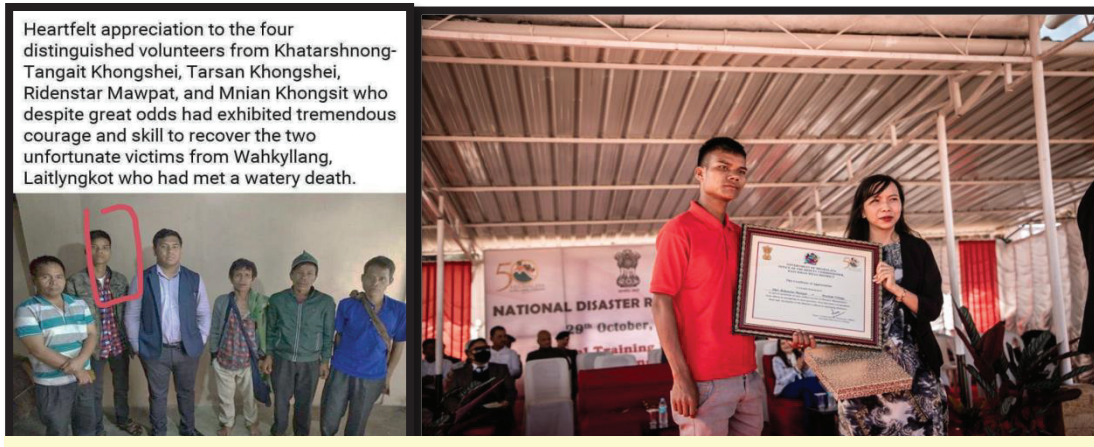


Award Function of Aapda Mitra/Aapda Sakhi on 24th May 2022 at the Institute of Menezes Braganza Hall, Panaji, Goa in presence of Hon'ble Chief Minister, Govt. of GOA



On the occasion of District Day Celebration, District Administration Cachar felicitated AAPDA MITRA volunteers of Silchar Sadar, Katigorah and Sonai Revenue Circle, recognising their contribution and efforts during the devastating flood of Cachar 2022.

Aapda Mitra Mr. Ridenstar Mawpat of warbah was felicitated for his selfless service and courageous act by the East Khasi Hills District Disaster management Authority during the National Disaster Reduction Day, 2022



Heartfelt appreciation to the four distinguished volunteers from Khatarshnong-Tangait Khongshei, Tarsan Khongshei, Ridenstar Mawpat, and Mnian Khongsit who despite great odds had exhibited tremendous courage and skill to recover the two unfortunate victims from Wahkyllang, Laitlyngkot who had met a watery death.

Aapda Mitra Mr. Ridenstar Mawpat of Meghalaya receiving certificate of appreciation

Beach cleaning drive

On the occasion of International Coastal Cleanup Day, September 17th, 2023, a beach cleanup campaign was held in Mirramar Beach, Goa. 19 Aapda Mitra volunteers as well as personnel from Fire and Emergency Services, Govt of Goa took part in the drive and collected considerable garbage from the beach.



Aapda Mitra of Goa during Beach cleaning drive

Plantation Drive



On the occasion of World Environment Day, plantation drive conducted by Aapda Mitra in Meghalaya

Yoga session and Yoga Day Celebration



Glimpse of Yoga Day Celebration in Uttar Pradesh, Arunachal Pradesh and Madhya Pradesh

Awareness Rally

Aapda Mitra volunteers of Bulandshahar district participated in Awareness rallies on crop residue burring and its impact organized by District Disaster Management Authority, Bulandshahar in October, 2022



Aapda Mitra of Bulandshehar, UP organized awareness rallies on IDDRR

HAM Radio orientation and training

HAM Radio orientation and training conducted for volunteers in Raigarh District, Maharashtra during the Aapda Mitra Training Programme, December, 2022.



Latitude: 18.082095
Longitude: 73.417813
Elevation: 10.47±11 m
Accuracy: 1800.0 m
Time: 16-12-2022 11:36
Note: Apada Mitra Training ,Mahad

Powered by NoteCam

HAM Radio orientation and training Prograame, Raigah, Maharashtra

Election Duty



Aapda Mitra helping in election duty in Meghalaya

Sports



Volleyball competition between Aapda Mitra volunteers of two districts during training at CTI, Tripura

National level Workshop Launch-cum-Training of MIS and Mobile Application for Up-scaling of Aapda Mitra Scheme, Bengaluru, Karnataka , 22nd July, 2022

Karnataka State Natural Disaster Monitoring Centre (KSNDMC) has developed a software platform, i.e Management Information System (MIS) with different roles and privileges for various stakeholders and Mobile Application for volunteers to stay informed on the training materials, video manuals, Do's and Don'ts, share location with the state nodal officers etc under the "Up-scaling of Aapda Mitra Scheme" in consultation with NDMA. It is a volunteer endeavour of KSNDMC. NDMA highly appreciates the initiatives of KSNDMC.



Shri. Basavaraj Bommai, Hon'ble Chief Minister, Government of Karnataka inaugurating the MIS portal for Up-scaling of Aapda Mitra



Two days workshop titled “Mid Term Review & Documentation of Best Practices of Aapda Mitra Scheme” on 8th-9th December, 2023 in collaboration with ASDMA at Guwahati

The workshop aimed to assess challenges, exchange lessons learned, and showcase success stories of Aapda Mitra Volunteers. It also pinpointed deficiencies in the scheme's current implementation to address them effectively as the Up-Scaling of the Aapda Mitra Scheme continues.

The event offered Project States/UTs a platform and opportunity to exchange experiences, including challenges encountered during scheme implementation, best practices, lessons learnt, and success stories among other insights.



Group Photo- Hon'ble Minister of Revenue & DM department, Govt. of Assam along with workshop participants



Group Photo of Dignitaries on the Dias

Workshop titled “Review & Documentation of Best Practices of Up-scaling of Aapda Mitra Scheme” on 11th August, 2023 in collaboration with Department of Revenue and DM, Govt of Haryana

The workshop helped to improve the proposed “Yuva Aapda Mitra Scheme” by incorporating the States/UT’s suggestions and feedbacks. It also provided State/UTs, Volunteers, NDRF, SDRF and other stakeholders a platform to share their learning experiences, success stories and best practices of Aapda Mitra volunteers which will pave the way forward to formulate and implement the proposed Yuva Aapda Mitra Scheme effectively.



Workshop Group Photo- “Review & Documentation of Best Practices of Up-scaling of Aapda Mitra Scheme” on 11th August, 2023



एनडीएमए की आपदा मित्र जैसी योजना से युवा आगे आ रहे हैं। आपदा मित्र के रूप में जिम्मेदारी उठा रहे हैं यानी जन भागीदारी बढ़ रही है कहीं कोई आपदा आती है तो लोग पीड़ित नहीं रहते वो स्वयंसेवक बन कर आपदा का मुकाबला करते हैं। आपदा प्रबंधन अब एक सरकारी काम भर नहीं है, बल्की ये सबका प्रयास का एक मॉडल बन गया है।

- सुभाष चंद्र बोस, आपदा प्रबंधन पुरस्कार, 2022

AAPDA MITRA AAPKA MITRA

आपदा मित्र, आपका मित्र



“Where unity transforms strangers into a family”

